

The Office of Sports of the Consell de Formentera is pleased to announce that Antoni Blanc Sports Centre (*Poliesportiu Antoni Blanc*) will increase and improve its facilities with an expanded weight room and a new functional training room.

Paula Ferrer, sports councillor, said the changes "came in response to requests from our ever-growing base of sports centre users", and described them as "key to making activities more comfortable and safer", adding that the upgrades "will make it possible to separate functional training by opening a new room." Ferrer pointed out that staff office spaces have been relocated to an available space on the other side of the sports centre while work is being completed.

The expanded weight room is roughly 35 m<sup>2</sup> larger, with a new floor surface providing greater cushioning and a double floor for increased safety where the free weights are located. Partitions have been removed from the same space to retool the entrance and exit and the stained glass windows have been repurposed to increase the space and create a functional training area.

Further, a former office space has been converted into a functional training room, with new material like elastic bands, medicine balls, TRX and more. The dual-use space will be available both for weight room users and participants in guided activities.

In the near future, fluorescent tube lights will be replaced by LED panels throughout the sports centre to make the facilities more energy efficient.

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*Communications Office*  
*Consell de Formentera*